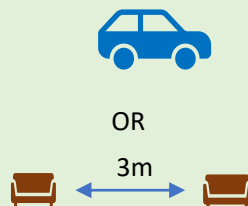


Stay in Car

Please wait in your car until **5 minutes before your appointment time**. If waiting in a car is not possible, you will have the option to wait in the reception area at designated seating which is arranged to allow for 3 metres between chairs.



Leave Accessory items in car

Items such as watches and jewellery. Place keys in saucer provided and wipe after treatment.



Please bring own shorts/appropriate clothing

We will not be able to provide any gowns/shorts at the practice.



Do Not Touch – But CLEAN YOUR BENCH

Please do not touch any other surfaces in the clinic including door handles.



BUT **WIPE DOWN** your treatment **IMMEDIATELY** after your treatment

Wash your Hands

Wash your hands as soon as you arrive and/or use the hand sanitiser available. Apply when entering and leaving the chiropractic clinic.



Please be Patient

We are allowing the appropriate **spacing between appointments to allow us to** disinfect surfaces between patients.



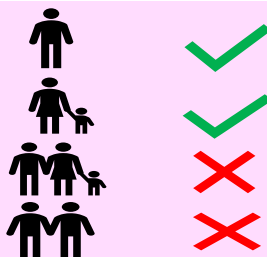
Toilet Use

Please notify the chiropractor or receptionist so we can disinfect all surfaces in the toilet.



Family or friends must stay in car

Patients should only be accompanied if minors, or require assistance. Other family members or friends should be requested to stay in the car.



Watch for COVID-19 symptoms and please reschedule if:

- You are experiencing any signs and symptoms of COVID-19 (cough, sore throat, tiredness, fever)
- Exposed to anyone with suspected or diagnosed COVID-19 in last 14-21 days
- Worked or attended a clinic facility treating COVID-19 patients in the last 14-21 days.



Masks

We require you to wear a mask for your treatment. If you have access to a new or sterilised face mask, it would be preferable for these to be worn. Otherwise we will provide a mask. The price will be charged at cost. **DISPOSE OF MASK** in bin provided outside the clinic.

