

COVID-19 Guidance and Protocols

We have carried out a thorough risk assessment

Using the advice we have received from our Association and Royal College of Chiropractors and seminars we have watched. Our team have undertaken team training on how we mitigate the risks of spreading the virus amongst ourselves and our patients. We will continue to review this daily as changes are made!

We will look a little different

We have taken the advice of our association and have purchased PPE as advised by the Association.

So we are dressed with masks, gloves, glasses or visor, an overcoat or sometimes with our “scrubs” and an apron.

Only **1 practitioner** will be working in the clinic.

Cleaning More Frequently

We are **wiping** down surfaces more frequently.



Doors are left open to allow rooms to aerate. We have an **UV air filter** in the reception area. We may use **different entrances and exits**

We are washing our hands and sanitising

In between each patient we wash our hands and wear a new pair of gloves and mask. If we have worn an apron, it is replaced.



We are sorry we cannot shake hands



We are limiting our contact to what is necessary for your best treatment.

Limiting time in the Reception area



We now have a screen in reception. Please stand **2 metres away** from the desk when booking your next appointment or preferably make your next appointment over the phone. We may not always have reception cover too so please bear with us.

Payments can be made in advance or by using contactless.

Please be patient

We will ask you **questions about possible risk** to exposure before your appointment and when you come in. We may take your **temperature** or check your **oxygen levels**



Drinking Water



Please bring your own and leave it in the car to drink after your treatment.